

April 27, 2023
Tokyo Marathon Foundation



Held on the same day as the Marathon Grand Championship!

Tokyo Legacy Half Marathon 2023 Entries for each runner category will start on April 28!

In the interest to exploit and extend the legacy of the TOKYO 2020, the Tokyo Marathon Foundation introduced the "Tokyo Legacy Half Marathon" last year to create an opportunity to experience the lingering excitement of the TOKYO 2020, while nourishing the city and enhancing the health of the people through running. We will be proud to holding the second edition of the Tokyo Legacy Half Marathon on Sunday, October 15, 2023.

We launched the official website and finalized the race Information

(<https://legacyhalf.tokyo/en/index.html>).

Also, we will open the entry registration for charity runners (including donation) at Friday, April 28, 2023. The ONE TOKYO Premium members entry will start on Tuesday, May 9; The Tokyo resident entry will start on Wednesday, May 17 and the General entry will start on Thursday, May 25.

*Each category include people with disability (excluding wheelchair) entry and wheelchair general entry.

This half marathon (21.0975 km) will start in front of the Japan National Stadium and finish inside the Japan National Stadium and utilize the Tokyo 2020 Paralympic Games marathon course.

This race is designed to give the extraordinary experience of running for everyone and easy to participate.

It is also our aim to create an inclusive society and consider, together with all the participants, a legacy that contributes to resolving social issues through charitable works via sports, support for sports for people with disabilities, and continuous training of volunteers and support for their activities.

Furthermore, on the same day, the Marathon Grand Championship (MGC) will be held by the Japan Association of Athletics Federations (JAAF). The MGC will decide the Marathon's Japanese national representatives for the Paris 2024 Olympic Games. The course will provide a rare opportunity to experience the same tense and same finish line as some of the Japanese top athletes.

Please see the race information for more details.

■ **Overview of the Tokyo Legacy Half Marathon 2023** *Please refer to the race information on P6 to 8.

Date: Sunday, October 15, 2023

Start time: 7:50 a.m. : Wheelchair
9:50 a.m. : Half Marathon

Course Description:

The wheelchair course is a one-way course starts in the Japan National Stadium and finishes at Jinbocho. The half marathon course uses the Tokyo 2020 Paralympic Games marathon course, which starts in front of the Japan National Stadium and finishes inside the Japan National Stadium.



■ Course Map (Half Marathon)

Half Marathon: Start in front of Japan National Stadium (Gaien Nishi-dori Ave.) - Tomihisacho - Suidobashi - Jinbocho - Kanda - Nihonbashi (first turn around) - Kanda - Jinbocho - Otemachi, Uchibori-dori Ave. (second turn around) - Jinbocho - Suidobashi - Tomihisacho - Japan National Stadium finish



■ Course Map (Wheelchair race)

Wheelchair race: Japan National Stadium Start - Tomihisacho - Suidobashi - Jinbocho - Sudacho - Ueno Hirokoji (first turn around) - Nihonbashi - Ginza - Hibiya - Uchisaiwaicho (second turn around) - Sudacho - Jinbocho finish



■ **Entry schedule for each category** *See the flow chart on P5

> Donations and charity runner entry: Friday, April 28 - Friday, May 26

*Charity runner applications will close when the maximum number is reached.

*Application methods depends on the organizations.

> ONE TOKYO Premium Member entry: Tuesday, May 9 - Tuesday, May 16

> Tokyo resident entry: Wednesday, May 17 - Wednesday, May 24

> General entry: Thursday, May 25 - Thursday, June 8

*Each categories include people with disability (excluding wheelchair) and wheelchair general entry.

See the website for more details (<https://legacyhalf.tokyo/en/index.html>).

■ **Volunteer Recruitment (Tokyo Marathon Foundation Official Volunteer Club "VOLUNTAINER")**

Information about the recruitment of volunteers will be announced in announced in the end of May.

■ **Related Event schedule**

> Tokyo Legacy Half Marathon EXPO 2023

Date: Friday, 13 and Saturday 14, October

Packet pick-up and EXPO Venue: Japan National Stadium (10-1 Kasumigaoka-machi, Shinjuku, Tokyo 160-0013)

<https://www.jpnsport.go.jp/corp/english/tabid/382/Default.aspx>

> Tokyo Legacy Half Marathon Virtual EXPO 2023

Date: Wednesday, September 27 – Friday, October 27, 2023

Venue: REV WORLDS "Tokyo Legacy Half Marathon EXPO venue station

> Tokyo Night Relay in the Japan National Stadium

Date: Friday, October 13, 2023

Venue: Japan National Stadium (10-1 Kasumigaoka-machi, Shinjuku, Tokyo 160-0013)

> Para-Athletics Class

Date: Sunday, October 15, 2023

Venue: Japan National Stadium (10-1 Kasumigaoka-machi, Shinjuku, Tokyo 160-0013)

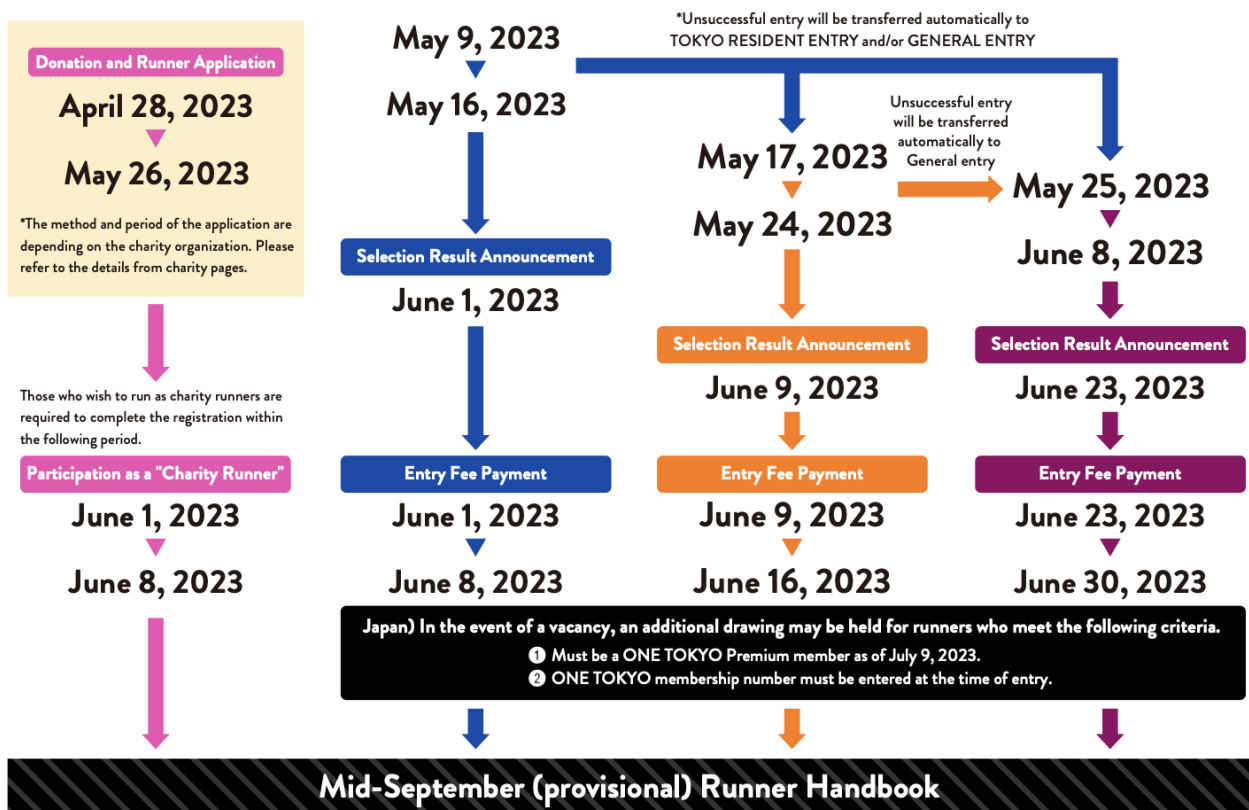
*Details of each event will be announced on the official website once they have been finalized.

Tokyo Legacy Half Marathon 2023 entry schedule and schedule to the race day

Entry via sports entry! (Sports Entry member registration is required.)

 <p>DONATIONS & CHARITY RUNNER ENTRY</p> <p>Eligibility General, People with Disability (excluding wheelchair), Wheelchair general Entry</p> <p><small>*Apply from the each Charity organization.</small></p>	 <p>ONE TOKYO PREMIUM MEMBER ENTRY</p> <p>Eligibility General, People with Disability (excluding wheelchair), Wheelchair general Entry</p> <p><small>*Selection will be made by random drawing if the entry exceeds the field size.</small></p>	 <p>TOKYO RESIDENT ENTRY</p> <p>Eligibility General, People with Disability (excluding wheelchair), Wheelchair general Entry</p> <p><small>*Selection will be made by random drawing if the entry exceeds the field size.</small></p>	 <p>GENERAL ENTRY</p> <p>Eligibility General, People with Disability (excluding wheelchair), Wheelchair general Entry</p> <p><small>*Selection will be made by random drawing if the entry exceeds the field size.</small></p>
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ENTRY SCHEDULE



October 13 and 14 Packet Pick-up (Venues: Japan National Stadium)

October 15 Tokyo Legacy Half Marathon 2023 Race Day

Start Times

Wheelchair **7:50**
Half Marathon **9:50**

Race Information

Race Name	Tokyo Legacy Half Marathon 2023
Organizer	Tokyo Marathon Foundation
Co-organizers	Tokyo Metropolitan Government; JAAF (Japan Association of Athletics Federations); Tokyo Sports Association for the Disabled
Managing Organization	Tokyo Athletics Association
Operation Support	Japan Para Athletics
Supporting Organizations	Japan Industrial Track & Field Association
Events	Half Marathon (21.0975km)
Date	Sunday, October 15, 2023 (rain or shine)
Start/Finish Area	Japan National Stadium (10-1, Kasumigaoka-machi, Shinjuku, Tokyo) JR Sobu Line: 5-minute walk from Sendagaya Station or Shinanomachi Station Subway Oedo Line: 1-minute walk from Kokuritsu-kyogijo Station(Exit A2) Tokyo Metro Ginza Line: 9-minute walk from Gaienmae Station (Exit 2a)
Course	1) Half Marathon Japan National Stadium/Gaien-nishi Ave. (Start) -- Tomihisacho -- Suidobashi -- Jinbocho -- Kanda -- Nihonbashi -- Kanda -- Jinbocho -- Otemachi -- Jinbocho -- Suidobashi -- Tomihisacho -- Japan National Stadium (Finish) * This course is certified by the JAAF and World Athletics.(provisional) 2) Wheelchair Japan National Stadium (Start) -- Tomihisacho -- Suidobashi -- Jinbocho -- Sudacho -- Ueno-hirokoji -- Nihonbashi -- Ginza -- Hibiya -- Uchisaiwaicho -- Sudacho -- Jinbocho (Finish) * This course is certified by the JAAF and World Athletics.(provisional)
Cut-off Times & Start Times	Cut-off Times 1) Half Marathon: 2 hours and 50 minutes (9:50 a.m. - 12:40 p.m.) 2) Wheelchair: 1 hour and 15 minutes (7:50 a.m. - 9:05 a.m.) * The starting time of the competition is based on the starting time of the gun.
Eligibility	18 years old or older on the race day and who fulfills the following conditions and whose participation is approved by the organizer. 1) General Entry: Eligible to finish the race under 2 hours and 30 minutes. 2) People with Disability: Eligible to finish the race under 2 hours and 30 minutes. * One guide runner per person is permitted based on the conditions set forth by the organizer (no guide animals allowed). 3) People with Disability (wheelchair): Athletes who can finish half marathon under 1 hour and 15 minutes in a racing wheelchair. 4) Semi-Elite Athletes 4-1) Japan 4-1-1) Athletes, registered with the JAAF in fiscal 2023. 4-1-2) Athletes who meet the following participation criteria with official records from May 1, 2021 to April 30, 2023. Men's Half Marathon: Under 1hr 20min 00sec Women's Half Marathon: Under 1hr 40min 00sec 4-2) Overseas 4-2-1) Athletes who meet the following participation criteria in the World Athletics Label Road Race with official records from May 1, 2021 to April 30, 2023. Men's Half Marathon: Under 1hr 20min 00sec Women's Half Marathon: Under 1hr 40min 00sec * One guide runner per person is permitted based on the conditions set forth by the organizer (no guide animals allowed). 5) Elite Athletes 5-1) Athletes, registered with the JAAF in fiscal 2023 who satisfy the requirements set forth by the JAAF. 5-2) Invited Athletes (national and international runners nominated by the organizer and/or the JAAF). 6) Elite Para Athletes 6-1) Athletes registered with the Japan Para Athletics (JPA) and/or Japanese Para Sports Association (JPSA) who hold a valid classification and meet the requirements set forth separately. 6-2) Invited Athletes (national and international para athletes nominated by the organizer and/or JPA/JPSA).

Field Size	15,000
Competition Rules	<p>1) The races will be conducted in accordance with the rules and regulations of the World Athletics, JAAF and the Race Organizer.</p> <p>Doping control will be conducted abiding to World Athletics Anti-Doping Regulations.</p> <p>2) World Para Athletics Rules and Regulations and the competition rules of the Tokyo Legacy Half Marathon applies to the all elite para athletes.</p> <p>Doping control is conducted abiding to World Para Athletics Anti-Doping Regulations.</p>
Entry Fee	<p>13,200 JPY (Entry, handling and tax included)</p> <p>* A separate transaction fee will be charged.</p>
How to Enter	Register online
Entry Period	<p>Registration will open on May 9, 2023 (Tue)</p> <p>* The registration period may differ depending on the eligibility group.</p> <p>* Selection will be made by random drawing if the entry exceeds the field size.</p> <p>* Donation and Charity Runner applications open from April 28, 2023 (Fri).</p>
Award	<p>1) Elite Athletes: the top three male and female</p> <p>2) Elite Para Athletes: the top three male and female (Award for each classification will be separately announced.)</p> <p>3) Semi-Elite Athletes: Semi-elite top three male and female</p> <p>4) Next Generation Athlete Award: The top male and female registered athletes of The Inter-University Athletic Union of Japan</p>
Packet Pick-up	<p>1) Date & Time (provisional)</p> <p>October 13 (Fri), 2023 Hours: 11:00 a.m. – 8:30 p.m.</p> <p>October 14 (Sat), 2023 Hours: 10:00 a.m. – 7:30 p.m.</p> <p>* The registered runner must conduct Packet Pick-up in person.</p> <p>* Packet Pick-up is not available on race day.</p> <p>2) Location</p> <p>Japan National Stadium: 10-1, Kasumigaoka-machi, Shinjuku-ku, Tokyo, Japan</p>
EXPO	<p>1) Date & Time (provisional)</p> <p>October 13 (Fri), 2023 Hours: 11:00 a.m. – 9:00 p.m. (Visitors must enter before 8:30 p.m.)</p> <p>October 14 (Sat), 2023 Hours: 10:00 a.m. – 8:00 p.m. (Visitors must enter before 7:30 p.m.)</p> <p>2) Location</p> <p>Japan National Stadium: 10-1, Kasumigaoka-machi, Shinjuku-ku, Tokyo, Japan</p>
Event Cancellation Guideline	<p>1) Event Cancellation Guideline</p> <p>1-1) The event is subject to cancellation if a cancellation request is received from respective authorities and agencies.</p> <p>1-2) The event is subject to cancel due to natural disaster or in a situation in which delivering a safe event is difficult.</p>
Others	<p>1) Refunds of event fees will be specified in the Entry Regulation.</p> <p>2) This event shall adhere to all national laws and regulations.</p> <p>3) The starting point for the half marathon of this event will be in front of the Japan National Stadium/Gaien-nishi Ave..</p> <p>4) The wheelchair half marathon course for this event will be changed to the course starting inside the Japan National Stadium and finishing in Jinbocho.</p> <p>5) This event will be held on the same day as the Marathon Grand Championship (MGC).</p> <p>6) This outlined information is set forth for the Tokyo Legacy Half Marathon 2023.</p>



Donation and charity runner Application will start with 22 Charity organizations.

Tokyo Legacy Half Marathon 2023 Charity Let's Convert Your Love for Running into Someone's Happiness.

The Tokyo Marathon Foundation Charity "RUN with HEART" will conduct charity Programs at the Tokyo Legacy Half Marathon 2023, scheduled on Sunday, October 15, 2023. The Tokyo Legacy Half Marathon 2023 Charity will be operated in collaboration with 22 Charity organizations to create a legacy that will help solve a diverse range of social issues.

We are looking for charity runners who can work with us to think about how we can contribute to society, promote sports, and support environmental conservation, refugees, sick children and animal welfare through this half marathon and other events, as well as share our initiatives.

Details regarding the Tokyo Legacy Half Marathon 2023 Charity are below.

Tokyo Legacy Half Marathon 2023 Charity Outline

1. 22 Charity programs (organizations) conducting our charity program together.

22 Charity organizations are set to participate in undertakings that promote sports and support environmental conservation, refugees, sick and impoverished children and animal welfare.

See the pages 10,11 for overviews of those organizations and their programs.

2. How to participate

There are two ways to participate

- ① Donate 50,000 yen or more and wish to be a charity runner.
- ② Donate (from 1,000 yen) *The minimum amount will be set by each organization. You can apply on each organizations' websites.

The application process varies between organizations, so please check each organization's website as follow. (<https://www.runwithheart.jp/>)

*Websites will be opens 11:00 a.m. on Friday, April 28, 2023.

3. Schedule

The charity organizations will be collecting donations and recruiting charity runners following period.

Friday, April 28, 11:00 a.m. until Friday, May 26, 5:00 p.m.

*Applications for charity runners will close early if the maximum number is reached.

Charity runner application for race entry must be procedures through the Sports Entry Period: Thursday, June 1, 11:00 a.m. - Thursday June 8, 5:00 p.m.

4. The Tokyo Legacy Half Marathon 2022 Charity short reports

【Tokyo Marathon Foundation Sports Legacy Program】

Last year, a para-athletics class was held in the Japan National Stadium in conjunction with the Tokyo Legacy Half Marathon 2022 on the eve of the race. (Saturday, October 15)

The class was designed for beginner athletics with disabilities from elementary school age and up. Three classes were held for each disability with each being led by an experienced coach and athlete.



【Pride House Tokyo NPO】

In the Tokyo Legacy Half Marathon, Pride House Tokyo, which has concluded an agreement to promote diversity in sporting events with the aim of the LGBTQ+ friendly event, provided support for the event operation with an LGBTQ+ perspective, including guidance to the Universal changing rooms installed in the National Stadium (the start/finish area), and advised on various production materials.



All of the latest info will be posted on the official race website.

<https://legacyhalf.tokyo/en/index.html>

■Tokyo Legacy Half Marathon 2023 Charity 22 Recipient Organizations and Program Overview

>Tokyo Marathon Sports Legacy Program

Creating and passing on a society in which people can enjoy new lifestyles through sports



>Japanese Para Sports Association

Publicize and promote the understanding of para sports (Promote a radical transformation in public consciousness aimed at realizing an inclusive society)



>Action against Child Exploitation

Protecting children from hazardous child labor, providing education, and helping families raise themselves out of poverty



>Tokyo Development Foundation for Agriculture, Forestry and Fisheries.

We prevent the global warming and succeed healthy forests to the next generation by developing a low-pollen forests.



>Public Interest Foundation Japan Cancer Society

Operation of free cancer consultation service "Hotline" for cancer patients and their families



>Peace Winds Japan

Development of protection and transfer activities to save dogs' lives, as well as training for disaster relief and therapy dogs.



>NPO Florence

Resolving the social issues that get in the way of parent-child well-being and deliver a "new normal" to all parents and children.



>Children's Cancer Association of Japan

Financial Assistance to Parents



>NPO KIDSDOOR

We provide a free place-based study session where high school students and dropouts from poor families can study and eat with peace of mind.



>Pride House Tokyo NPO

Operating Pride House Tokyo Legacy, Japan's first LGBTQ+ center, and supporting LGBTQ+ youth.



>CARE International Japan

Now support women and girls who are facing difficulties in developing countries and conflict zones such as Ukraine



>TOKYO TOY MUSEUM

The Inclusive art museum in Shinjyuku



>Gold Ribbon Network

Subsidy program for transportation and other expenses for pediatric cancer



>Kokkyo naki Kodomotachi (Children without Borders)

To provide educational opportunities to underprivileged children in Cambodia, Philippines and Bangladesh.



>The Public Interest Incorporated Foundation Solaputi kids' camp

Inviting children with serious illnesses and their families to a dream campsite with on-site medical care.



>Teach For Japan

To realize a world where all children can receive an excellent education



>Japan Environmental Education Forum

Providing experience of nature activities and healing of nature to children/adults having various difficulties, problems and worries in their daily life.



>Certified Nonprofit Organization Family House

Providing residential facilities and care for children fighting critical illness and their families during medical treatments



>Friends Without A Border Japan

Run for children! Help build medical services rooted in Laos. Delivering compassionate care, cuddles and smiles.



>NPO Sodateage Net

Empower and Uplift: Transforming Children's Lives through Social Experiences



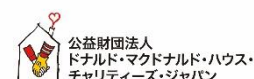
>Tokyo Disaster Prevention & Emergency Medical Service Association

Our businesses are dissemination of the importance of disaster prevention widely and relate to spread of emergency first aid.



>Ronald McDonald House Charities Japan

Operating Ronald McDonald House



 TOKYO 2022 LEGACY HALF **CHARITY**

